

Patient Agreements:

I understand that Synergy Healthcare does their best to work within the confines of my insurance plan, however I am responsible for keeping track of the details of my claim including: required referrals or prescriptions, insurance authorizations, and benefit limits.

I authorize my insurance plan to make payments directly to Synergy Healthcare Inc.

I grant release of my medical history and other information about my treatment to third party payers and other health professionals.

I understand that if my insurance doesn't cover the billed amount I am responsible for the unpaid balance. I understand that if I have an unpaid balance with Synergy Healthcare a minimum monthly finance charge will be applied of \$2.00 up to 1% of my end of the month balance. In case of default payment I am responsible for any legal interest, collection costs and reasonable attorney's fees. There is a \$25.00 return check fee on all unpaid checks to Synergy Healthcare.

The information on the patient information page and medical history is correct to the best of my knowledge. I request and consent to receive treatment at Synergy Healthcare Inc.

I understand that my health is important and will take necessary steps to improve it under the guidance of Synergy Healthcare's highly trained therapists.

Appointment Cancellation and No-Show Policy:

I understand that Synergy Healthcare requires 24 hours notice prior to cancelling my appointment. If I do not comply with this policy or no-show for my appointment I am responsible for the \$50.00 no-show fee. I understand that three no shows will result in immediate discharge from the program. Discharge due to absence will be reported to my physician.

When you don't show as scheduled, three people are hurt: 1) You, because you don't get the treatment you need as prescribed by the doctor and/or PT. 2) The therapist who now has an un-paid space in their schedule because the time was reserved for you personally; and 3) Another patient who could have been scheduled for treatment if you had given proper notice.

Notice of Privacy Practices Acknowledgement:

I understand that under the Health Insurance Portability and Accountability Act of 1996 ("HIPPA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I acknowledge that your *Notice of Privacy Practices* has been made available to me, containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its *Notice of Privacy Practices* from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the *Notice of Privacy Practices*. I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Signature _____ Date _____



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Medical History

Patient Name: _____ Date: _____

Primary Care Physician: _____ City/State: _____ Phone #: _____

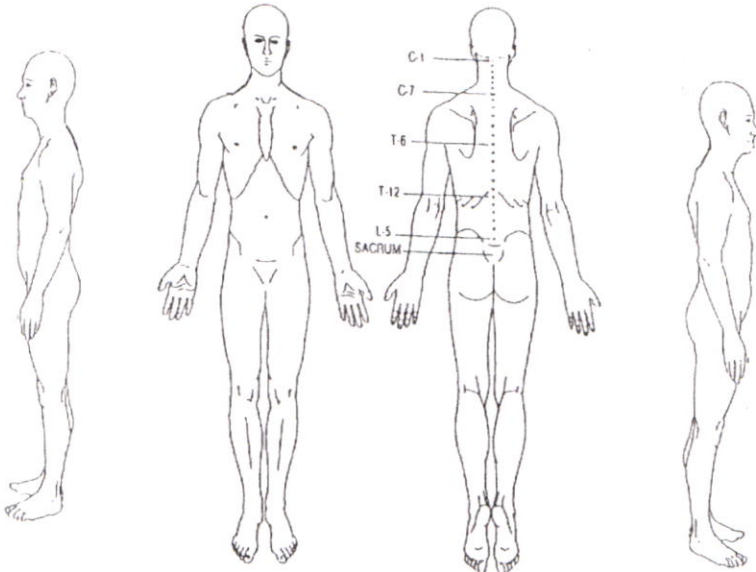
Primary Complaint or Problem: _____

Date of Accident: _____ Have you had surgery for this injury? Y N Date: _____

Please describe how the accident happened: _____

Do any of these cause you pain? (check all that apply)

- Sleeping
- Dressing
- Vacuuming
- Showering
- Putting on shoes/socks
- Standing
- Carrying objects
- Running
- Walking
- Going up/down stairs
- Sitting
- Driving
- Working
- Lifting
- Reaching overhead



Please Mark on the Bodies Where You Feel Pain, Tightness, Numbness or Tingling. (Use circles, lines, x's, etc.)

Rate Your Pain 0-10

Worst: _____

Current: _____

Best: _____

Current Symptoms:

Have you had Past History or Difficulty with any of the following?

(please check all that apply)

<input type="checkbox"/> Dizziness	<input type="checkbox"/> Impingement Syndrome	<input type="checkbox"/> Meniscal problems (torn, thin, etc)
<input type="checkbox"/> Earaches, tinnitus (ringing)	<input type="checkbox"/> Lateral Epicondylitis (tennis elbow)	<input type="checkbox"/> Arthritis
<input type="checkbox"/> Acid reflux	<input type="checkbox"/> Sciatica	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Headaches: Tension or Migraine	<input type="checkbox"/> Leg Length Discrepancy	<input type="checkbox"/> Asthma
<input type="checkbox"/> Sinus Problems	<input type="checkbox"/> Plantar Fasciitis	<input type="checkbox"/> Autoimmune Problems
<input type="checkbox"/> TMJ	<input type="checkbox"/> Orthotics/Heel lifts	<input type="checkbox"/> Cancer
<input type="checkbox"/> Carpal Tunnel Syndrome	<input type="checkbox"/> Allergies	<input type="checkbox"/> Kidney Dysfunction
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Chronic Fatigue Syndrome
<input type="checkbox"/> Hypo or Hyper Thyroid	<input type="checkbox"/> Bipolar Affective Disorder	<input type="checkbox"/> Depression
<input type="checkbox"/> Stress	<input type="checkbox"/> Sleep Difficulties	<input type="checkbox"/> Skin Problems
<input type="checkbox"/> Circulation Problems	<input type="checkbox"/> Irregular Heart Beat	<input type="checkbox"/> Digestive/Continence Problems
<input type="checkbox"/> Tooth pain/ Dental Problems	<input type="checkbox"/> Self regulation/ emotional issues	<input type="checkbox"/> Eating issues (coordination/texture)
<input type="checkbox"/> Coordination Issues	<input type="checkbox"/> Muscle Weakness	<input type="checkbox"/> Other: _____

Please list all major events that happened during these stages in your life: (include dates)

(Ex: traumatic events, severe sickness, surgeries, fractures, car accidents, divorce, death, child birth/C-section, etc.)

Age 0-20: _____

Age 20-40: _____

Age 40-60: _____

Age 60+: _____

What have you tried for relief?

- | | |
|--|--|
| <input type="checkbox"/> Home Remedies: _____ Successful: Y N | <input type="checkbox"/> Acupuncture: _____ Successful : Y N |
| <input type="checkbox"/> Other Doctors: _____ Successful: Y N | <input type="checkbox"/> Naturopathy: _____ Successful: Y N |
| <input type="checkbox"/> Physical Therapy: _____ Successful: Y N | <input type="checkbox"/> Chiropractic: _____ Successful: Y N |
| <input type="checkbox"/> Massage Therapy: _____ Successful: Y N | <input type="checkbox"/> Other: _____ Successful: Y N |

What medications are you taking? (prescription, over the counter, vitamins, herbals or no medication)

Do you have digestive issues? (allergies, upset stomach, improper digestion of certain foods, etc)

Please list your goals for therapy- what activities would you like to be able to do again without pain?

Current Exercise: _____

Nutrition: _____

Water Intake: _____ Sugar Intake: _____

Caffeine Intake: _____ Do you smoke? _____

Is there any other information you think will be of assistance to us in serving you better?
